



TOWN OF WAYLAND

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To: All Residents
From: Town Administrator and Health Director
Date: May 1, 2020
Re: Governor's Order Regarding Wear Mask and Face Coverings in Public

Effective Wednesday, May 6, 2020, Governor Baker issued an Order requiring face masks or cloth face coverings at all times when inside grocery, pharmacy and other retail stores that are open to the public and permitted to operate as COVID-19 essential businesses. This order applies to all to workers and customers of these businesses and organizations.

Residents are also required to wear a mask or face covering when taking public transportation, outdoors in public areas, and in any public places where proper physical distancing is not possible, whether indoor or outdoor.

People who show no symptoms of illness may still be able to spread COVID-19. A face covering may help prevent the spread of COVID-19.

A face covering is anything that covers your nose and mouth, including a mask, scarf or bandana. The Massachusetts Department of Public Health (MDPH) recommends that the public not use respirator masks, such as the N95 masks as those should be preserved for healthcare workers and first responders.

Exceptions include children under the age of 2 years and those unable to wear a mask or face covering due to a medical condition, those with difficulty breathing or those who are unconscious, incapacitated or otherwise unable to remove the mask without assistance. The state will create more guidelines for children between the ages of 2 and 5 years to help parents and guardians. We will post the guidelines when available.

Instructions on how to make and wear a cloth mask are available from the CDC at <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/diy-cloth-face-coverings.html>.

Read the Order: <https://www.mass.gov/doc/may-1-2020-masks-and-face-coverings/download>

We continue to urge all residents to evaluate their own health and determine if they are feeling mildly ill with a head cold, headache, cough, sniffles and/or experiencing any CDC identified symptoms of COVID-19, which include fever, cough, and shortness of breath. If you are feeling any symptoms, please contact the Wayland Health Department at the **Coronavirus Hotline 508-358-6805** and your primary care physician for guidance. If you or anyone in your family has any symptoms of being ill, we advise you to stay quarantined at home until you are feeling better and follow up with the Wayland Health Department and your primary care physician as needed.

The Town will also provide general help for residents who may need assistance obtaining basic and important life necessities, such as food or medications, by calling **508-358-7701**.